

Community News

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Norwalk Public Library plans AuthorSpeak programs for Septemeber

BOOK DISCUSSIONS

On Wednesday, September 16th at 2 p.m. at the Norwalk Senior Center, Allen Road, Norwalk, Connecticut, Director of Library Information Services, Cynde Bloom Lahey will lead a discussion on *The Paris Architect* by Charles Belfoure.

"A beautiful and elegant account of an ordinary man's unexpected and reluctant descent into heroism during the second world war." --Malcolm Gladwell

A thrilling debut novel of World War II Paris, from an author who's been called "an up and coming Ken Follett." (Booklist)

In 1942 Paris, gifted architect Lucien Bernard accepts a commission that will bring him a great deal of money - and maybe get him killed. But if he's clever enough, he'll avoid any trouble. All he has to do is design a secret hiding place for a wealthy Jewish man, a space so invisible that even the most determined German officer won't find it. He sorely needs the money, and outwitting the Nazis who have occupied his beloved city is a challenge he can't resist.

But when one of his hiding spaces

fails horribly, and the problem of where to hide a Jew becomes terribly personal, Lucien can no longer ignore what's at stake. The Paris Architect asks us to consider what we owe each other, and just how far we'll go to make things right.

Written by an architect whose knowledge imbues every page, this story becomes more gripping with every soul hidden and every life saved.

On Thursday, September 24th at 12:00 noon, in the Main Auditorium at the Norwalk Public Library, a special Books Sandwiched In Book Discussion co-sponsored by the Westport Country Playhouse and the Library in celebration of author and playwright Arthur

Miller's 100th Birthday with a discussion of his classic 1945 novel *Focus* led by Director of Library Information Services, Cynde Bloom Lahey. A light lunch will be provided by the Library.

Written in 1945, *Focus* was Arthur Miller's first novel and one of the first books to directly confront American anti-Semitism. It remains as chilling and incisive today as it was at the time of its controversial debut. As *World War II* draws to a close, anti-Semitism is alive and well in Brooklyn, New York. Here, Newman, an American of English descent, floats through a world of multi-

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ethnic neighborhoods indifferent to the racism around him. That is, until he begins to wear glasses that render him "Jewish" in the eyes of others, making him the target of anti-Semitic prosecution. As he and his wife find friendship and support from a Jewish immigrant, Newman slowly begins to understand the racial hatreds that surround him.

OTHER PROGRAMS:

On Wednesday, September 23 at 6 p.m. in the Main Auditorium, the Healthy Minds Book and Movie Club will be showing the film, *Fat, Sick and Nearly Dead*. 100 pounds

overweight, loaded up on steroids and suffering from a debilitating autoimmune disease, Joe Cross is at the end of his rope and the end of his hope. In the mirror he saw a 310lb man whose gut was bigger than a beach ball and a path laid out before him that wouldn't end well— with one foot already in the grave, the other wasn't far behind. *FAT, SICK & NEARLY DEAD* is an inspiring film that chronicles Joe's personal mission to regain his health.

On Thursday, September 17th beginning at 6:00 pm with registration at 5:30 p.m. in the Main Auditorium at the Norwalk Public Library, Score will be sponsoring a presentation on "Myth and Realities of Starting a Non Profit Organization"

This workshop is the

first of three SCORE sessions on running a non-profit organization. This session provides information on creating and launching a new non-profit organization. The workshop will cover the legal requirements of filing for tax exempt status and the steps organizations can take to create a successful nonprofit. You will learn: What are the federal and state requirements for creating a non-profit organization, How to get started in planning and launching a new nonprofit, How to set up a basic administrative platform for your nonprofit and Local resources available to help nonprofits. To register, please click on the following Link: <http://conta.cc/1JCA9pt>

For more information Cynde Lahey (203) 899-2780 ext. 15133 clahey@norwalkpubliclibrary.org

On Tuesdays and Thursdays resuming on September 1st at 1 p.m. in the Main Auditorium at the Norwalk Public Library, SecondAct Fitness, Walk Aerobics with Leslie Kerr. The easy-to-follow program that brings walking to a new level! Easy to learn, no matter what your fitness level is. It combines upper and lower body movements, music increases in speed and intensity for aerobic challenge and is endorsed by the AARP, Dr. Oz, Weight Watchers and NutriSystem. Leslie Kerr is a former professional dancer and Rockette. She is a certified fitness trainer, walk aerobics leader and owner of SecondAct Fitness.

On Fridays resuming on September 4th at 9 a.m. in the Main Auditorium at the Norwalk Public Library, Yoga With Cora.