



Kids In Crisis

RESPONDING. RESTORING. REINFORCING.



For over 40 years Kids In Crisis has been working on behalf of kids who are at risk, every day by:

RESPONDING

Getting children and teens out of the dangerous situations they may be facing

RESTORING

Giving kids and families the support and tools they need to heal and thrive

REINFORCING

Strengthening existing support systems so future crises can be averted

Kids In Crisis ensures the well-being of children through vital 24-hour services.

Help starts with a phone call.

**24-hour Helpline
203-661-1911**

Kids In Crisis is Connecticut's only free, round-the-clock agency providing emergency shelter, crisis counseling and community education programs for children of all ages and families dealing with a wide range of crises.

Since 1978, Kids In Crisis has helped more than 148,000 children and families in southern Connecticut. Last year 5,458 children and families received assistance from our organization.

For more information or to schedule a tour, please call the office at 203-622-6556.

Based in Cos Cob, Kids In Crisis provides services to any child in Southwest Connecticut, which includes cities and towns within the Greater Bridgeport, Norwalk and Stamford areas.

You Are Not Alone

24-hour Helpline — 203-661-1911

Need help? Not sure? Trained Crisis Counselors are available to provide immediate help, and assess services needed to address and work through any situation regarding the welfare of a child.

Outreach

Once the phone is answered, Crisis Counselors provide immediate help and often work face-to-face for intervention and individualized plan development. Crisis Counselors are also available to respond to and collaborate with community providers.

SafeHaven for Kids

Kids In Crisis offers temporary shelter for children and teens in need of a safe place to stay during a time of crisis. Shelter services include counseling, on-site medical assessment, educational support, advocacy and strengths-based perspective to build resiliency in each client.

SafeTalk

An age-appropriate empowerment program for children in Kindergarten through 5th grade, is presented by professional staff and trained community volunteers in area schools. *SafeTalk* teaches children how to recognize and respond to potentially dangerous situations including, bullies, strangers and inappropriate touch.



What is a Crisis?

The word crisis can mean something different to everyone. Our trained Crisis Counselors help children and families cope with unsafe situations, family conflicts, substance abuse, mental health issues, school problems and so much more.

TeenTalk

TeenTalk is a Kids In Crisis exclusively designed program, that places specially-trained Master's-level mental health counselors in many Fairfield County middle and high schools to identify and help students navigate difficult personal, family and school-related issues.

Lighthouse

Kids In Crisis' newest program is a welcoming, inclusive and safe space where lesbian, gay, bi-sexual, transgender, questioning (LGBTQ) youth and their allies meet regularly. Visit www.kidsincrisis.org for meeting times and locations.

Emotion Locomotion

Emotion Locomotion teaches young children in grades pre K through 5 vital social emotional skills. They learn to build a common foundation of feelings vocabulary, and are encouraged to explore emotions without judgment. Through activity-based learning, *Emotion Locomotion* helps kids build critical coping techniques to handle difficult feelings before they become negative behaviors.

Working Together To Prevent Crisis

Whether you're a child, parent, relative, teacher, therapist, doctor, neighbor, friend, or anyone concerned about the welfare of a child, a Kids In Crisis counselor will answer your call 24 hours a day, every single day of the year.

Get Involved

There are many ways to become involved in helping Kids In Crisis ensure the well-being of children through vital 24-hour services. Visit www.kidsincrisis.org to learn about volunteering, donating, corporate sponsorships, fundraisers, cause-related marketing, and more.

